



Eastlake Cardiovascular, PC

www.eastlakecv.com

George B. Ghanem, MD, FACC, FASE • Thomas A. LaLonde, MD, FACC, FACP • Georges B. Ghafari, MD, FACC, FASE
Thomas P. Davis, MD, FACC • Joan S. Crawford, DO, FACC, FASE, FASNC • Marc O. Gosselin, DO, FACC
Howard S. Rosman, MD, FACC • William J. Cushing, MD, FACC • Anthony J. Kawa, DO, FACC • Jon Mojares, MD, FACC
Edouard Daher, MD, FACC, FSVM • Basil Dudar, MD, FACC • Douglas R. Moore, DO, FACC
Michael T. Tucciarone, MD, FACC, FSCAI • David J. Rodriguez, MD, FACC, FSCAI • Simone Cowan, DO • Heather Franke, DO
Zaid Kasmikha, DO, FACC • Joel, Skaistis, MD • Rose-Marie Prasatek, MIS, RN, Practice Administrator
Amy Webster, NP • Mary Jo Pitera, NP • Kathryn Lewis, NP • Jennifer Schramski, PA-C • Mona Denha, NP

STRESS ECHOCARDIOGRAM

YOUR DOCTOR HAS ORDERED THIS TEST TO DETERMINE THE EFFECT OF EXERCISE ON YOUR HEART AND PHYSICAL FITNESS. YOU WILL WALK ON A TREADMILL SLOWLY AT FIRST AND PROGRESS AT FASTER RATES. YOU MAY STOP AT ANY TIME. ULTRASOUND IMAGES OF YOUR HEART WILL BE OBTAINED BEFORE AND AFTER EXERCISE.

PREPARATIONS:

1. WEAR OR BRING COMFORTABLE CLOTHING.
2. WEAR COMFORTABLE, EXERCISING, WALKING-TYPE SHOES.
LADIES: PLEASE NO HIGH-HEELED SHOES OR SANDALS.
MEN: PLEASE NO LOAFERS, DECK-TYPE SHOES OR SANDALS.
3. YOU MAY NOT EAT OR DRINK 2 HOURS BEFORE THE TEST.
4. PLEASE DO NOT APPLY ANY LOTIONS OR OILS TO YOUR CHEST AREA THE DAY OF THE TEST.
5. PLEASE BE ON TIME. IF YOU NEED TO RESCHEDULE YOUR APPOINTMENT, PLEASE GIVE AT LEAST A 24-HOUR NOTICE. Thank you!

44199 Dequindre Rd, Suite 504
Troy, Michigan 48085
Telephone (248) 964-2380 • Fax (248) 964-5400

16700 21 Mile Road, Suite 106
Macomb Township, MI 48044
Telephone (586) 226-6700 • Fax 586-948-8530

24211 Little Mack
St. Clair Shores, MI 48080
Telephone (586) 498-0440 • Fax (586) 498-0401

1135 W. University, Suite 200
Rochester Hills, MI 48307
Telephone: (248) 923-2002 • (248) 759-4892

25990 Kelly Rd, Suite 3
Roseville, MI 48066
Telephone (586) 944-2800 • Fax (586) 944-2801

16815 East Jefferson Ave, Suite 110
Grosse Pointe, MI 48230
Telephone (313) 509-2212 • Fax (313) 509-2202