



Eastlake Cardiovascular, PC

www.eastlakecv.com

George B. Ghanem, MD, FACC, FASE • Thomas A. LaLonde, MD, FACC, FACP • Georges B. Ghafari, MD, FACC, FASE
Thomas P. Davis, MD, FACC • Joan S. Crawford, DO, FACC, FASE, FASNC • Marc O. Gosselin, DO, FACC
Howard S. Rosman, MD, FACC • William J. Cushing, MD, FACC • Anthony J. Kawa, DO, FACC • Jon Mojares, MD, FACC
Edouard Daher, MD, FACC, FSVM • Basil Dudar, MD, FACC • Douglas R. Moore, DO, FACC
Michael T. Tucciarone, MD, FACC, FSCAI • David J. Rodriguez, MD, FACC, FSCAI • Simone Cowan, DO • Heather Franke, DO
Zaid Kasmikha, DO, FACC • Joel, Skaistis, MD • Rose-Marie Prasatek, MIS, RN, Practice Administrator
Amy Webster, NP • Mary Jo Pitera, NP • Kathryn Lewis, NP • Jennifer Schramski, PA-C • Mona Denha, NP

HOLTER MONITOR

PREPARATIONS :

1. WOMEN: A shirt that buttons down the front is preferred.
2. You will be wearing a Holter monitor for a 24 to 48 hour period in which you will be keeping a diary of events and symptoms you may have. You will be returning to the office the following day at the same time to be disconnected.
3. **Please do not apply any lotions or oils** to your chest area the day of the test.
4. Please note you will be unable to shower or bathe for the period of time you are wearing the monitor.
5. If you need to reschedule your appointment, please give at least a 24 hour notice Thank you!

44199 Dequindre Rd, Suite 504
Troy, Michigan 48085
Telephone (248) 964-2380 • Fax (248) 964-5400

16700 21 Mile Road, Suite 106
Macomb Township, MI 48044
Telephone (586) 226-6700 • Fax 586-948-8530

24211 Little Mack
St. Clair Shores, MI 48080
Telephone (586) 498-0440 • Fax (586) 498-0401

1135 W. University, Suite 200
Rochester Hills, MI 48307
Telephone: (248) 923-2002 • (248) 759-4892

25990 Kelly Rd, Suite 3
Roseville, MI 48066
Telephone (586) 944-2800 • Fax (586) 944-2801

16815 East Jefferson Ave, Suite 110
Grosse Pointe, MI 48230
Telephone (313) 509-2212 • Fax (313) 509-2202